

# ADVENTURE HIKING

LET THE HAPPINESS IN!



# DEAR HIKING FAN,

in this 'hiking guide', you'll find **hiking information, hiking tips, guided tours** in Zell am See-Kaprun, a list of all huts and also a hiking pass.

The spectacular combination of glacier, mountains and lake is nothing short of unique and guarantees unforgettable insights into Austria's nature. Depending on how many routes you discover, you'll receive the **bronze, silver or gold hiking needle** at the end of your stay.

Good luck to all the walkers!  
Your hiking team of Zell am See-Kaprun

## CONTENT

Important information for hikers	p. 3
• Hiking tips for beginner	p. 4 - 7
• Hiking tips for advanced	p. 8 - 11
• High alpine hiking tips	p. 12 + 25
• Theme path	p. 14 - 15
• Guided hiking tours	p. 16 - 23
• Herbal hikes	p. 21 - 22
• Panorama of the region	p. 23
• Via ferrata	p. 26 - 27
• Hiking bus	p. 28 - 29
Kitzsteinhorn	p. 30 - 31
Schmittenhöhe	p. 32 - 33
High altitude reservoirs Kaprun	p. 34 - 35
All huts in Kaprun, Zell am See, Thumersbach	p. 36 - 43
Stamps for hiking needle	p. 44
Hiking map	p. 45



**Blue mountain trails:** Easy trails, which require neither mountain experience, nor any special equipment.

**Red mountain trails** require sufficient fitness and a minimum of equipment for hiking. At least one person in the group ought to have some experience of hiking tours in the mountains.

**Black mountain trails** i.e. on Alpine tours, every participant has to be sure of step and needs a good head for heights. Adequate mountain expertise is necessary here!

**Trails suitable for children's prams** are marked with this symbol in the hiking map. Tips you find in an extra brochure.

## EQUIPMENT

- Water is of major importance - take your water bottle with you
- Protection against rain and sun
- Trekking poles for the ride up and ride down
- Sturdy walking shoes with deep-tread soles and the clothing has to be suitable for the Alpine region.

**IMPORTANT PHONE NUMBERS**      **Emergency call:**                      **112**  
**Mountain rescue service:**                      **140**  
**Rescue service:**    **144**



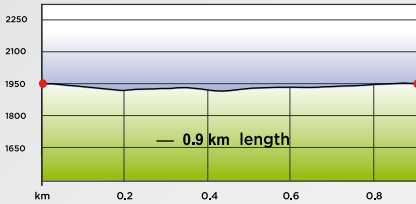
# BEGINNER

## ZELL AM SEE - SCHMITTENHÖHE

### ■ NR. 1 - SISI'S CIRCULAR PATH

**DIFFICULTY:** ■

**DURATION:** approx. 0.5 h



Easy circular path on the top of the Schmitten with start at the Elisabeth chapel and information boards about Empress "Sisi".

**PRICES AND INFO:**

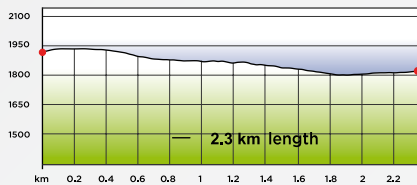
ride up & down Schmitten  
adults: € 27.50, youths: € 20.50,  
children: € 13.50



### ■ NR. 68 - ERLEBNISWEG HÖHENPROMENADE

**DIFFICULTY:** ■

**DURATION:** approx. 40 min



Panorama platforms, informative charts and childrens playground at the Sonnkogel.

**PRICES & INFO:**

ride up & down adults: € 27.50,  
youths: € 20.50, children: € 13.50

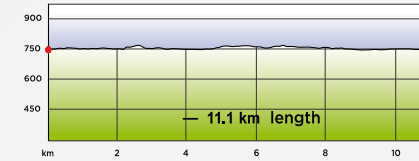


## ZELL AM SEE

### ■ WALKING PATH h) - SEEPROMENADE

**DIFFICULTY:** ■

**DURATION:** approx. 3.0 h



It is possible to go completely around the lake on the lake promenade. Alternative: lake crossing from Thumersbach to Zell am See. Recommendation: Change in Thumersbach to the other side into Thumersbacher Höhenpromenade no. 90

**PRICES AND INFO:**

Parking: Lido Seespitz Schüttdorf (free of charge); lake crossing from Thumersbach Kurpark half hourly: adults: € 4.00, youths: € 3.00, children: € 2.00

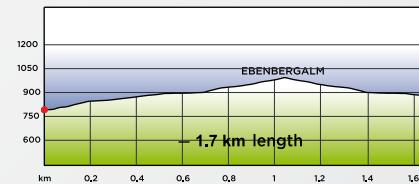


### ■ NR. 57 - EBENBERGALMSTEIG

Breathtaking view of the Zell am See lake.

**DIFFICULTY:** ■

**DURATION:** approx. 40 min.



With only 900 m, a short but steep climb up from the Nikolaus Gassner Promenade. It runs under the ski slope a few meters to the right of Hotel Berner.

**INFO:** Alternative path over the Köhlergrabenpromenade No. 58A and further on to Schüttdorf until the Dorfschenke.

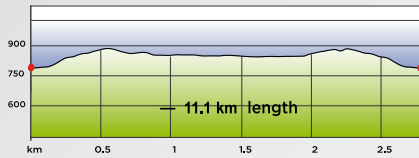


## KAPRUN

### ■ NR. 17 | WALKING ROUND KLAMMSEE

**DIFFICULTY:** ■

**DURATION:** approx. 1.0 h



Begin: Sigmund-Thun gorge

**PRICES AND INFO:** free parking

at the entrance to the gorge,

Entry gorge: adults: € 5.50,

children: € 3.90, family: € 12.50

Klammseestüberl: information points about the surrounding nature, fitness parcour and playground.



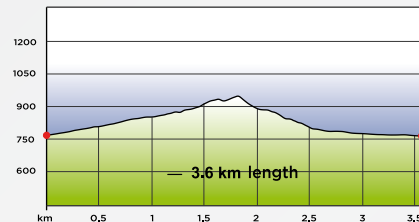
### TIP: "MYSTICAL NIGHT OF WATER"

July 3<sup>rd</sup> - September 4<sup>th</sup>, 2017, every Monday at 8.15pm

### ■ NR. 30 - GUGGENHÖHENWEG

**DIFFICULTY:** ■

**DURATION:** approx. 2.0 h



### FROM KAPRUN TO GUGGENBICHL AND BACK TO THE CASTLE

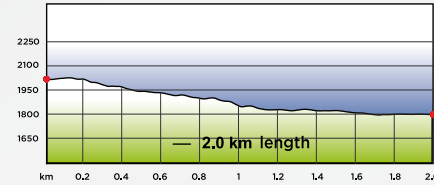
From the Kaprun town hall to the Guggenbichl mountain restaurant. The path leads eastwards through mixed woodlands. Downhill to the castle.

**INFO:** car park near Baumbar / entrance of Kaprun (free of charge)

### ■ NR. 31 - HERBAL PATH

**DIFFICULTY:** ■

**DURATION:** approx. 45 min



### FROM MOOSERBODEN TO THE RUSTIC FÜRthermoaralm

Along the path, you can explore the unique vegetation of the Hohe Tauern mountains. You will be overwhelmed by the breathtaking view of Glockner group, the reservoirs and the Steinerne Meer (sea of stones). With a 45 minutes' walk (one way) and a difference in altitude of 237 metres, the herbal path is also optimally suited for families. But not suitable for children's prams.

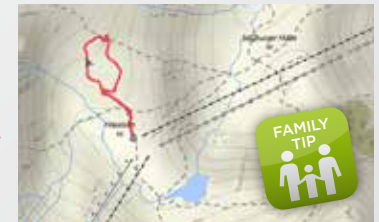
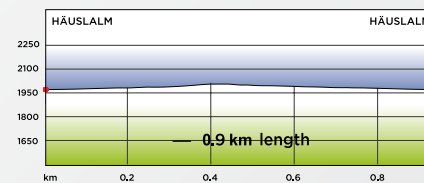
**INFO:** From Zell am See, take bus 660 to Kesselfall. Free parking garage at Kesselfall, then you go up to Mooserboden by shuttle buses on the Lärchwand inclined elevator. **Information guided tour on page 23.**

### ■ NR. 41d - HIRTERBODENWEG

Walking round at Langwiedboden

**DIFFICULTY:** ■

**DURATION:** approx. 20 min.



This wide circular path starts at the Häuslalm and runs passed breathtaking viewing points of the Zell basin to an old shepherd's ruin. It is an ideal path for families with small children and has resting areas.

### PRICES AND INFO:

ride up & down Langwiedboden:

adults: € 20.50, with guest card: € 18.00, children: € 10.20

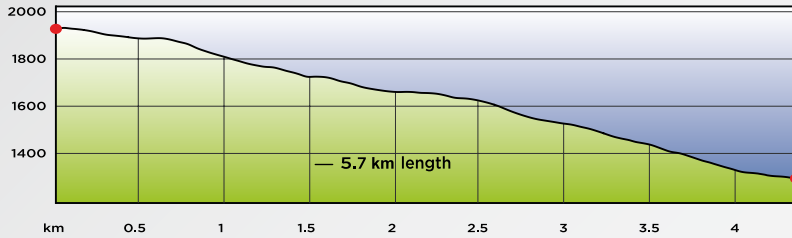
**RIDE UP WITH THE KITZSTEINHORN CABLE CAR:** from 8.15am

# ADVANCED

## ZELL AM SEE - SCHMITTENHÖHE

### ■ NR. 50 - 4 LAKE HIKING

**DIFFICULTY:** ■ **DURATION:** approx. 3.5 h



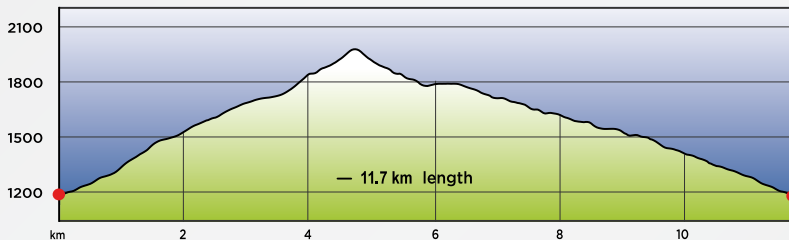
Ride up on the Schmittenhöhe lift. A moderate hike to the 3 mountain lakes at walking path no. 50. Ride down on the the cityXpress and back by bus no. 71 to the parking place Schmittenhöhe is possible. **PRICES:** up & down adults: € 27.50, youths: € 20.50, child: € 13.50



## ZELL AM SEE - THUMERSBACH

### ■ NR. 82 & 83 - SCHWALBENWAND

**DIFFICULTY:** ■ **DURATION:** approx. 4.0 h



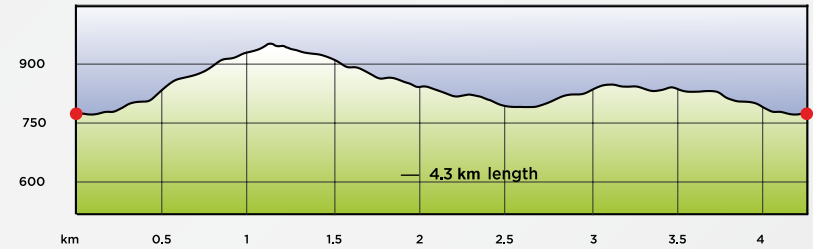
#### FROM MITTERBERG TO THE SCHWALBENWAND

Starting point: mountain restaurant Mitterberg. Walking tour along the Schwalbenwand path no. 82 to the Schwalbenwand. (Cross on the summit: 2,011 m). Back along the Schwalbenwand path no. 83 to the mountain restaurant Mitterberg.



## ■ NR. c), a) & NR. 90 - THUMERSBACHER HÖHENPROMENADE

**DIFFICULTY:** ■ **DURATION:** approx. 1.15 h



#### WITH A WONDERFUL VIEW TO THE LAKE ZELL AM SEE

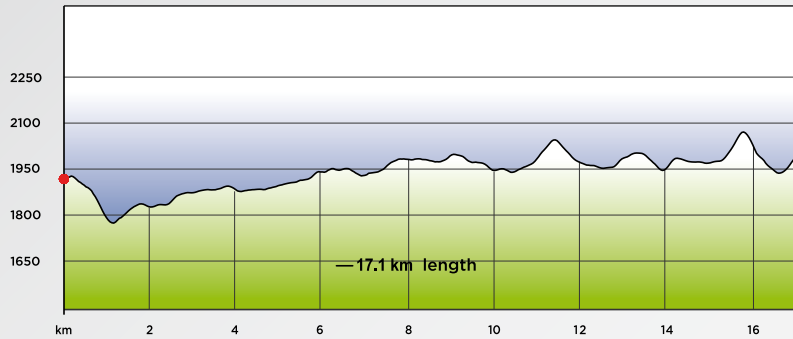
Starting at the village square in Thumersbach, after the Kindergarten. Partially through the forest in the direction of Grafleiten, with magnificent views over the Zell am See lake.



## ■ NR. 719 - PINZGAUER SPAZIERGANG

one of the most beautiful high trails in the eastern Alps

**DIFFICULTY:** ■ good physical condition necessary!  
**DURATION:** all-day hike, 6 hours of pure walking time



### FROM THE SCHMITTEN TO SAALBACH

Ride up on the Schmittenhöhe lift. Afterwards hike along the "Pinzgau Walk" to Saalbach. Ride down on the Schattberg X-Press. Back by bus to the original starting point.

### PRICES AND INFO:

adults: € 27.50, youths: € 20.50, children: € 13.50  
 (ride up Schmittenhöhebahn, ride down Schattberg X-Press)

### SCHMITTENHÖHE

#### FIRST RIDE UP:

12.05. - 02.06.2017  
 daily from 9.00am  
 03.06. - 17.09.2017  
 daily from 8.30am  
 18.09. - 15.10.2017  
 daily from 9.00am

### SCHATTBERG X-PRESS:

15. - 18.06., 23. - 25.06.,  
 30.06. - 24.09.2017

### LAST RIDE DOWN

mountain station 4.15pm,  
 middle station 4.30pm,  
 bus stop "Schattberg":  
 hourly until 7.22pm

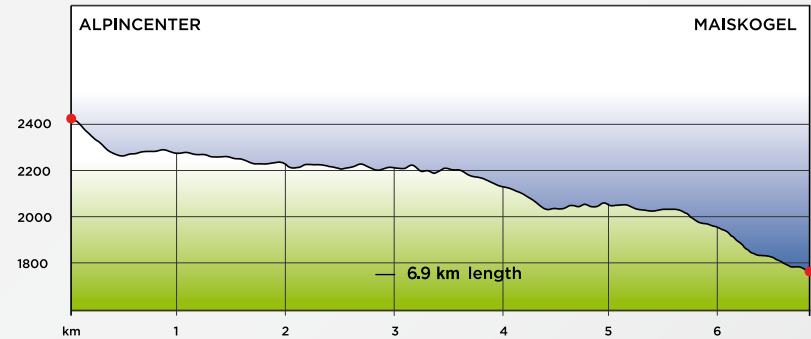


## KAPRUN

## ■ NR. 5 - ALEXANDER ENZINGER WEG

a variety of alpine flora

**DIFFICULTY:** ■  
**DURATION:** approx. 4.0 h



### FROM THE KITZSTEINHORN TO THE MAISKOGEL

Ride up to the Alpincenter with the Kitzsteinhorn cable cars. Then take a hike along the Alexander Enzinger path to the Maiskogel. Descent with the hiking bus.

### PRICES AND INFO:

ride up Alpincenter:  
 adults: € 20.50, with g. c.: € 18.50  
 children: € 10.20

### RIDE UP WITH THE KITZSTEINHORN CABLE CAR: from 8.15am

### RIDE DOWN WITH THE HIKING BUS:

from Maiskogel mountain station  
 every half an hour:  
 9.30am, 10.30am, 11.30am ..., last  
 run down to the valley at 4.30pm  
 Please note: Transfer of groups  
 must be pre-booked.  
 More information on the hiking  
 bus you will find on page 28 - 29.

**LAST BUS:** from Schaufelberg  
 4.41pm to the Kitzsteinhorn  
 valley station



# HIGH ALPINE

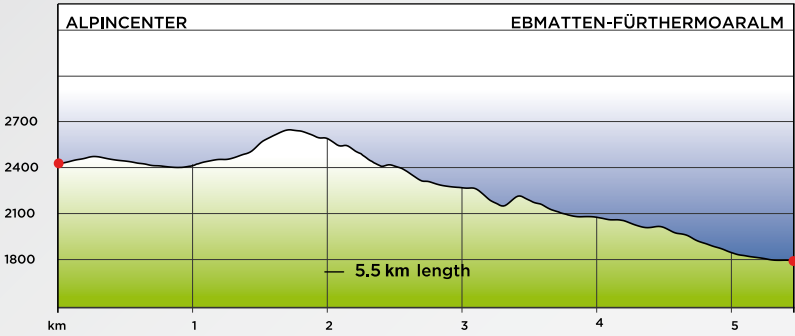
## KAPRUN

### ■ NR. 726 - HOCHKAMMERWEG

splendid views to the high altitude reservoirs

**DIFFICULTY:** ■ High alpine tour!

**DURATION:** approx. 4.0 h



#### FROM THE KITZSTEINHORN TO THE HIGH ALTITUDE RESERVOIRS

Walk from the Alpincenter in a southerly direction to the glacier lake. From here you go along the Kammerscharte down to the Fürthermoar Alm. Then you walk up to the Mooserboden or ride back to the valley by bus.

#### PRICES AND INFO:

ride up Alpincenter: adults: € 20.50,  
with g. c.: € 18.50, children: € 10.20  
ride down by bus from Mooserboden:  
adults: € 11.00, children: € 5.50

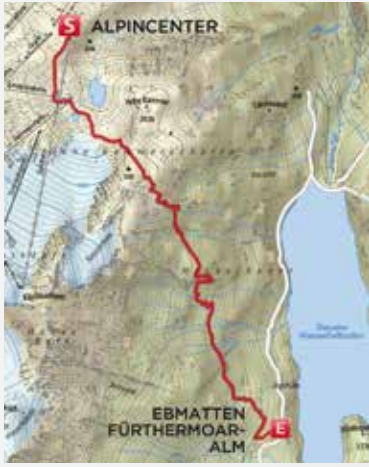
#### REFRESHMENT TIP:

Ebmatten-Fürthermoaralm

**RIDE UP WITH THE KITZSTEINHORN CABLE CAR:** from 8.15am

#### LAST BUS DOWN FROM THE FÜRTERMOARALM:

May, June, Sept., Oct.: 4.55pm  
July and August: 5.10pm



DETAILED INFORMATION OF ALL TOURS IN THE WALKING MAP



# WIESENKÖNIGREICH

## ZELL AM SEE

Nature Sanctuary and Protected Landscape Zeller South Shore. One of the last expansive wetlands of Pinzgau is to be found on the southern shore of the lake Zeller See.

The wetlands with its lowland moor and wetland meadows give shelter to a variety of plants and animals that have become quite rare today.

The wide moor area is surrounded by impressive mountain scenery. Because the area is quite big, there are different ways to visit it. The best is to come by foot or bike.

### GETTING THERE:

From Zell am See train station by bus 70 or 640 to Schüttdorf or Strandbad Erlberg.

From Kaprun by bus 660 to "Tischlerhäusl". From there by foot along the Karl-Vogt-Strasse entry tennis center or Porsche horse riding club.



# WiesenKönigReich

## Wetlands of Lake Zell



### FURTHER INFORMATION:

Established in 2015 a theme path along the trails shows the special features of the nature reserve. Audio stations, viewing areas and information portals point out the risks to natural beauty, the creation and maintenance of the landscape, and stimulate your own observations. [www.wiesenkoenigreich.at](http://www.wiesenkoenigreich.at)





## GUIDED WALKS

### KITZSTEINHORN KAPRUN

INFO +43 (0)6547 8621

#### DAILY – NATIONALPARK GALLERY TOUR (FREE)

**May 15<sup>th</sup> – September 10<sup>th</sup> 2017**

Experience with a National Park Ranger the “Gipfelwelt 3000”, incl. the panorama platform TOP OF SALZBURG.

MEETING POINT: 10.30am (except Tue. 04.07. – 05.09.2017) and 1.00pm in the Gipfelwelt 3000/Top of Salzburg

DURATION: approx. 40 min.

#### **NEW** TUESDAY – EXPLORER TOUR (FREE)

**July 4<sup>th</sup> – September 5<sup>th</sup> 2017**

Discover in only one day four climatic zones from the valley to the world of the glaciers.

MEETING POINT: 9.30am Kitzsteinhorn valley station

DURATION: approx. 2.5 h

#### WEDNESDAY – MY FIRST 3000m PEAK

**June 18<sup>th</sup> – September 13<sup>th</sup> 2017**

With a mountain guide, secured by ropes to the Kitzsteinhorn summit – 3,203 m (ca. 200 altitude metres, 1 h), followed by a walk on the glacier.

MEETING POINT: 9.00am valley station Kitzsteinhorn

DURATION: totally approx. 5.0 h, peak tour approx. 1.0 h

PRICE: € 85.00 incl. cable car ticket and hire fee for climbing equipment and helmet

REGISTRATION: until Tuesday 2.00pm, T. +43 6547 8621

#### THURSDAY – GUIDED FAMILY HIKING TOUR (FREE)

**July 6<sup>th</sup> – September 14<sup>th</sup> 2017**

After the ascent to 3.029 m, a walk on the glacial snow and a visit of the ICE ARENA, you start your hike at the Alpincenter (2.450 m).

MEETING POINT: 10.00am valley station Kitzsteinhorn

DURATION: walking time approx. 3.0 h

REGISTRATION: T. +43 664 2010818



### SCHMITTENHÖHE

REGISTRATION +43 (0)6542 789-211

REQUIRED FOR GROUPS OF 10 OR MORE

#### MONDAY – HERBAL HIKE (ONLY IN GERMAN)

**June 12<sup>th</sup> – September 11<sup>th</sup> 2017**

From Arnica to St. John's wort, during this expert-led hike you will learn all about, and be astonished by the healing powers of these plants. Ascent with the Sonnenalm- and Sonnkogelbahn.

MEETING POINT: 9.45am at the Schmittenhöhe valley station

DURATION: approx. 4.0 h

#### TUESDAY – MOUNTAIN PASTURE HIKE

**June 13<sup>th</sup> – September 12<sup>th</sup> 2017**

At a leisurely pace along the picturesque Pinzgauer Way, arrival at the Hochsonnbergalm is in around 1 ½ hours. Special hut and alm tour with an explanation of the running of the alm, care of the animals, cheese-making and life on the alm.

MEETING POINT: 9.15am at the Schmittenhöhe valley station

DURATION: approx. 4.0 h

#### **NEW** WEDNESDAY – HIKING IN THE RAIN (only in rainy weather)

**June 14<sup>th</sup> – September 13<sup>th</sup> 2017**

When hiking in the rain, you experience nature with all your senses. The scent of wet moss, the rustle of raindrops on a metal roof, the lush green of the meadows transform the walk into something special. A stopover at Blaickner's Sonnalm, where a cup of steaming hot tea and homemade Buchteln awaits every hiker who is waterproof.

MEETING POINT: 9.45am at the Schmittenhöhe valley station

EQUIPMENT: hiking boots, rainwear

#### THURSDAY – PINZGAU WALK

**July 6<sup>th</sup> – September 21<sup>st</sup> 2017**

The Pinzgau Walk is one of the most beautiful high trails in the eastern Alps, serving up exhilarating views of the ice-covered peaks of the Hohe Tauern.

MEETING POINT: 8.15am at the Schmittenhöhe valley station

DURATION: walking time approx. 6.0 h

**FRIDAY - 4 LAKES ART HIKE****June 16<sup>th</sup> - September 15<sup>th</sup> 2017**

Hiking and art enjoyment in combination is waiting during the "4 Lakes art hike". After the ascent with Schmittenhöhebahn the hike goes downhill past various sculptures and idyllic reservoir lakes.

MEETING POINT: 9.45am at the Schmittenhöhe valley station

DURATION: approx. 4.0 - 5.0 h

**SUNDAY - MUSICAL HIKE****June 18<sup>th</sup> - August 20<sup>th</sup> 2017**

From Schmitten Café on the Schmittenhöhe, where you will be welcomed by our musicians we will make our way along the High Promenade, accompanied by sounds of music, to the Sonnkogel.

MEETING POINT: 11.00am Schmitten Café/Schmittenhöhe

DURATION: approx. 3.0 - 4.0 h

**TUESDAY - TIME TRAVEL THROUGH KAPRUN****Juni 13<sup>th</sup> - September 12<sup>th</sup> 2017**

The hike starts at the castle Kaprun through the Kaprun moss to the "Kirchbichl" church hill with his old houses. Further to the gorge and up to the Bürgkogel.

MEETING POINT: 9.30 am, Kaprun Castle

DURATION: for beginners, approx. 3.0 - 4.0 hours,  
6.9 km and 300 m difference in altitude

REGISTRATION: required, T. +43 650 50 12 273

BEWEGT-DAS SPORTCAMP

Gerhard Orgler, Landesstrasse 14, 5710 Kaprun, T. +43 650 50 12 273



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office@intersport-scholz.at | Rent a Bike  
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## HIGH ALTITUDE RESERVOIRS KAPRUN

INFO +43 (0)50313 23201

### DAILY – ENTER THE DEPTHS OF THE INTERIOR OF THE MOOSERBODEN-SPERRE

from May 27<sup>th</sup> 2017

Take a look behind the scenes of power generation from hydropower and be guided exclusively in the inner life of the building.

MEETING POINT: from 10.00am – 3.15pm every 45 minutes  
ticket sale directly at the kiosk  
by the Mooserboden reservoir

DAUER: approx. 1.0 h  
PRICE: adults € 5.50 (ride up & ride down € 21.00)  
children (6-15 y.) € 3.- (ride up & down € 12.50)  
family € 42.00 (adults + children up to 15 years)  
Reservation required for groups!

### EVERY TUESDAY – CHILDREN'S GUIDED DAM TOUR July and August 2017

At 1.15pm children's guided dam tour for free in the interior of the structure with mascot "Lizzy".

### FRIDAY – EVENING OF MAGIC

July – August 2017

Beginning in the late afternoon the Mooserboden is a mysterious world. The wildlife trusts out and conquer the paths and hanging back. Get a rare insight into the high alpine World. An exclusive tour in the dam and a walk to the viewpoint hilltop castle.

MEETING POINT: 5.00pm, Kesselfallstrasse 98

DURATION: approx. 3 – 4 h  
PRICE: adults € 30.00 incl. transfer Mooserboden and  
guided tour, participants: min. 5 persons.

REGISTRATION: tourismus@verbund.com or T. +43 50 313 23201  
until 12.00 noon at the event day. In case of bad  
weather, the trip is cancelled. For groups we  
offer an individual package.

## HERBAL HIKES

MONDAY – SCHMITTEN - details see page 17

### "MOUNTAINHERB ROAS" AT SCHMITTEN

June 3<sup>rd</sup>, July 1<sup>st</sup>, August 5<sup>th</sup>, September 2<sup>nd</sup> 2017

At the 'Mountainherb Roas' on the Schmitten, our herbal expert Barbara Haider gives workshops to shares her endless knowledge about herbs with all interested visitors. Each workshop starts with an herb hike in the course of which the healing elements of herbs are discovered ... and collected for later use in making your own herbal products.

MEETING POINT: 9.00am Schmittenhöhebahn valley station  
PRICE: workshop, herbal snack and products made

are included in the price of the cable car ticket  
REGISTRATION: infocenter@schmitten.at or T. +43 6542 789-211

### TUESDAY – HERB HIKING TOURS IN THUMERSBACH WITH HERB EDUCATIONALIST EVA ROHRMOSER

May 9<sup>th</sup> – September 15<sup>th</sup> 2017

The herb expert, Eva Rohrmoser, shares her valuable knowledge about native medicinal herbs with the participants. The hiking tour is followed by sampling wild herbs and beverages made from wild herbs.

**The herb hiking tour will not  
take place in rainy weather!**



MEETING POINT: 9.30am, village square Thumersbach  
DURATION: approx. 4 h with visiting the

herbal garden and tasting  
PRICE: adults € 28.00, children until 16 years old free  
inclusive tasting and drinks made of herbs

LANGUAGE: guided hike only in German  
BRING: weatherproof clothing and hiking boots,  
notepad and pen, camera (optional)

REGISTRATION: until Monday at T. +43 650 2701272

### WEDNESDAY – HERBAL HIKE (ONLY IN GERMAN)

Mid of June – Mid of September 2017

After ascending to the high altitude reservoirs walk to the "Power Adventure World". Herbal walk to the Fürthermoaralm.  
**The hike will take place in the valley if the weather is bad.**

MEETING POINT: 8.30am in front of the Kaprun Information  
DURATION: finish at the Fürthermoaralm at about 1.00pm  
PRICE: special price for the mountain rides

to High Altitude Reservoirs  
adults € 18.50, children € 12.50  
family € 40.00 (adults + children up to 15 y.)  
REGISTRATION: required until Tuesday 4.00pm at  
T. +43 6547 8080







## GROSSGLOCKNER HIGH ALPINE ROAD



**248 KM OF HIKING TRAILS**  
UP TO  
**3,027 meters!**

Take the guided "Exploring the Grossglockner". Tour on the Glockner bus with a National Park ranger

SO CLOSE TO

# heaven!

The Grossglockner High Alpine Road at the foot of Austria's highest mountain is the most beautiful panoramic road in Europe. It leads 48 kilometers through the heart of the Hohe Tauern National Park to a height of 2,571 meters above sea level and ends at the longest glacier in the Eastern Alps, the Pasterze.

Numerous theme trails, exciting exhibitions and playgrounds offer an unforgettable adventure in the biggest national park in Central Europe.



GROSSGLOCKNER 3798 m

SPIELMANN 3027 m

EDELWEISSPITZ 2571 m

PASSHÖHE HOCHTOR 2504 m

FUSCHER TÖDL 2428 m

KAISER-FRANZ-JOSEFS-HÖHE 2369 m

PIFFKAR 1620 m

[grossglockner.at](http://grossglockner.at)





## AROUND THE GROSSGLOCKNER IN 7 DAYS



### GLOCKNERRUNDE CIRCUIT July 1<sup>st</sup> - September 15<sup>th</sup> 2017

In 7 stages from Kaprun to Kals by the Grossglockner and via the Glocknerhaus and Fusch back to Kaprun. The first and last night (arrival & departure) are spent in Bruck by the Glockner Road. You can also choose a shorter option taking 4-6 days.

- 8 nights in lodges and inns (some with camp beds) with half board and packed lunch.
- 1 x ascent to the Mooserboden high alpine reservoir in Kaprun
- Guided tour possible on request
- Arriving by train possible

ALL-IN PRICE PER PERSON € 409.00

CONTACT AND RESERVATION:  
Ferienregion Nationalpark Hohe Tauern GmbH  
Gerlos Strasse 18, 5730 Mittersill  
T. +43 6562 409 39  
[ferienregion@nationalpark.at](mailto:ferienregion@nationalpark.at)

More National Park activities you can find in an extra flyer or at [www.glocknerrunde.at](http://www.glocknerrunde.at).

## ROCK CLIMBING ARENA HÖHENBURG

REGISTRATION  
UNTIL THE DAY BEFORE 3.00PM  
IN THE VERBUND TOURISM OFFICE  
+43 50 313 23201 (MINIMUM OF PARTICIPANTS)

### WEDNESDAY AND SATURDAY - ROCK CLIMBING ROUTE GUIDANCE from end of May 2017

There are all levels of difficulty, regardless of whether offers for beginners or experienced climbers the Höhenburg is a challenge for everyone.

MEETING POINT: 9.30am Kaprun High Altitude Reservoirs at the Kesselfall cash desk. Only in dry conditions

DURATION: until approx. 2 pm

PRICE: adult € 57.00, child. (- 15 y.) € 46.00, incl. mountain guide fee, rental equipment, ascent and descent.

REGISTRATION: required until 3.00pm

The Höhenburg climbing garden can be used during opening times of the High Altitude Reservoirs.

### ACTIVE PACKAGE - SPORTY DAY ON THE HÖHENBURG for groups

The package price includes drive up to Mooserboden, guided dam tour, rock climbing route guidance and rental equipment

PRICE: for groups (minimum 5 persons)  
adults € 45.00, youths (until 18 y.) € 35.00

### NEW: VIA FERRATA ON THE DAM WALL FROM JUNE 2017

From June 11<sup>th</sup> 2017, climbing enthusiasts can enjoy a completely new vertical climbing experience in Zell am See-Kaprun: the new via ferrata on the Kaprun high mountain reservoirs will become the world's highest via ferrata located on a dam wall. As well as exceptional climbing elements, the impressive panoramic views of the Hohe Tauern National Park create a sense of excitement among adrenaline fans. Both novices and more advanced climbers will be able to tackle new sporting challenges and enjoy an exciting climbing experience.

**KITZ KLETTERSTEIG** ENERGETIC - MODERN - CHALLENGING  
in Taxenbach - approx. 20 km away from Zell am See-Kaprun  
Beginning of May - end of September 8.00am - 6.00pm  
Beginning of October - October 26<sup>th</sup> 9.00am - 4.00pm



The Kitz-Klettersteig is a modern and challenging via ferrata in the Kitzlochklamm: an extremely well designed route within divine surroundings, including views of the water world.

The via ferrata is an excellent addition to one of the most beautiful gorges within the Alpine region.

LENGTH: 300 m, 150 m e. g.  
DIFFICULTY: sometimes D, mostly C, version "Höhlensprint" is extremely difficult (E/F according)  
PASSAGE TIME: 2-3 h, climbing, for advanced climbers!  
ACCESSIBILITY: only during Kitzlochklamm opening hours  
ENTRY: adults € 6.00, child. (6-18 y.) € 4.00, for more info see Kitzlochklamm brochure or poster.

Ascent and descent take place over wooden walkways and small bridges of the Kitzlochklamm. Therefore, an entry fee to the gorge is to be paid!  
INFO: Tourismusverband Taxenbach, Marktstr. 33, 5660 Taxenbach, T. +43 6543 5252, info@taxenbach.at/www.taxenbach.at or Kitzlochklamm-Kassa: T. +43 6543 5219, www.kitzlochklamm.at

### VIA FERRATA WEISSSEE GLETSCHERWELT UTTENDORF approx. 37 km from Zell am See-Kaprun

**Via Ferrata Rudolf** in the area of Rudolfshütte, A, B  
LENGTH: approx. 350 m, elevation gain approx. 150 m  
**Crystal Via Ferrata** technically difficult, extremely exhausting, E  
LENGTH: approx. 400 m, elevation gain approx. 150 m

### CLIMBING GARDEN (VIA FERRATA) IN WEISSBACH approx. 37 km away from Zell am See-Kaprun

- Children friendly via ferrata - "The Tame Chamois" - B/C
- "The White Chamois" - C/D
- "The Wild Chamois" - E/F
- Brechplatte climbing garden - 8 smooth rock climbs of light to medium difficulty

INFO: Unterweissbach 36, 5093 Weissbach/Lofer, T. +43 6582 8352, Alpenschule Markus Hirnböck, T. +43 664 4411206, www.weissbach.at/kletterdorf-topos  
Climbing equipment can be hired at the entrance to the Seisenberg Gorge.

# WANDERERLEBNISBUS HIKING BUS MAISKOGEL KAPRUN

The WanderErlebnisbus Hiking Bus enables summer guests in Zell am See-Kaprun to be driven up to 1,540 m, the starting point of many fabulous hikes.

## HIKING TIP "CIRCULAR HUT TOUR MAISKOGEL"

From Maiskogel (approx. 1,540 m) the path leads in a westerly direction through the wood straight to the Unterbergalm (20 - 30 min.). From here, it continues through a thin larch forest descending in a northerly direction to the Gasthaus Glocknerblick and back to the starting point.

### Trail suitable for children's prams:

From Maiskogel to Unterbergalm and back.

The bus takes you to the start, and collects you at the finish, of one of Kaprun's loveliest hiking paths, the Alexander Enzinger Path. Details on page 11.

## YOUR WELL-BEING IS ALSO ENSURED!

The alm huts and mountain guest houses invite you in to enjoy local culinary specialties such as home-made cheese, elderberry juice and schnaps. Details about the hut opening times can be found on pages 36 - 43!



<b>PRICE: adults:</b>	up & down trip	€ 13.00
	ride up	€ 7.00
<b>children up to 15 y.:</b>	up & down trip	€ 8.00
	ride up	€ 4.00

**ARRIVAL:** There is plenty of free parking and the bus stop (line 660) is right at the public parking area Schaufelberg

**ADDRESS:** 5710 Kaprun, departure point: parking area Maisiflitzer, Einödweg 3

**DEPARTURE TIMES:** 15.05. - 15.10.2017, daily, 9.00am - 4.00pm

**RIDE UP: Every hour on the hour**  
Departure in direction Maiskogel at the parking area Maisiflitzer, Schaufelberg (9.00am, 10.00am, 11.00am ..., last ride up at 4.00pm)

**RIDE DOWN: Every half an hour**  
Departure from the Maiskogel Alm Ranch down to the valley (9.30am, 10.30am, 11.30am ..., last run down to the valley at 4.30pm)

Please note: Transfer of groups must be pre-booked

**MORE INFORMATION:**  
Europa Sportregion-Shuttle e.U., Taxiservice Kaprun  
Tauern SPA Strasse 1b, 5710 Kaprun  
**Shuttle Hotline: T. +43 6547 20520, info@ts-kaprun.at**





## KITZSTEINHORN THE GLACIER



Summer on the Kitzsteinhorn is an experience in itself. Right next to the Hohe Tauern National Park and situated amidst the highest mountains in Austria, the high alpine nature is at its most spectacular.

### GIPFELWELT 3000 - TOP OF SALZBURG

Experience the fascination, energy and grandeur of high alpine nature on top of the Kitzsteinhorn: the Gipfelwelt 3000 opens up magnificent views of the Hohe Tauern National Park.

#### PANORAMA-PLATFORM "TOP OF SALZBURG"

Salzburg's highest panorama-platform at 3.029 m offers tremendous views into the valley, onto the lake Zeller See and of the seemingly endless mountain chain of the Limestone Alps.

#### CINEMA 3000

Spectacular and close enough to touch – unforgettable impression of the relentless power and beauty of this high-mountain region is presented to you on an 8 metre-wide screen.

#### NATIONALPARK GALLERY

Mystical info stations located inside the mountain and an impressive panorama platform with view of the Grossglockner.

#### ICE ARENA (BEGINNING OF JULY - END OF AUGUST)

Slightly below the peak, there's an adventure area awaiting you, one of a kind in Austria: The ICE ARENA with slides in the summer snow, snow beach, ICE BAR and so much more.

#### FREE GUIDED NATIONAL PARK RANGER TOURS

Daily from May 15<sup>th</sup> "Nationalpark Gallery Tour" through the Gipfelwelt 3000, incl. Salzburg's highest panorama platform "Top of Salzburg" at 3.029 m. NEW: Every Tuesday (July – Beg. Sept.) "Explorer Tour" through 4 climatic zones from the valley to the world of the glaciers.

**NEW:** Alpine Playground at 2.500 m in front of the mountain restaurant Gletschermühle.

Gletscherbahnen Kaprun AG  
office@kitzsteinhorn.at  
InfoService T. +43 6547 8621  
www.kitzsteinhorn.at





# SCHMITTENHÖHE ZELL AM SEE



Whether it be a freeride adventure in the Electric-motocross park, mountain yoga at 2,000 m with views to an unique mountain panorama or a cultural hike through the biggest open-air art gallery in Europe. Action, fun, culture and relaxation on the Schmitten in Zell am See allow you to find your personal highlight.

## FAMILY ADVENTURES

The Höhenpromenade (High altitude promenade) and Schmidolin's Feuertaufe (Baptism of Fire) are two of many Schmitten adventures which are perfect for families. At Schmidolin's Feuertaufe, the tracks of the Schmittenhöhe dragon can be followed from station to station and it is an adventure for the whole family. Ascent with cityXpress cable car. Shuttle service from car park Areit to cityXpress valley station.



## PURE ACTION

Electro biking fun for big and small in the Electric-motocross park. There is no noise, petrol or hot exhaust. Teens and adults can ride the exhaust-free KTM Freeride E bikes. All kids from 6 to 14 years old can practice balance over obstacles on OSET-Bikes on the children's course.

## HERBAL HIKING TRAIL

Regionality, enjoyment and tradition all meet up and combine on the herbal hiking trail. Visitors can discover along this trail local wildflowers and herbs such as dandelions, nettles and their relatives. Thematic info-boards along the 200 metres long circular walk provide fascinating information about applications, uses and healing effects of the plants.



## YOGA & JODELING ON THE MOUNTAIN

There are many free guided hikes, as well as mountain yoga and jodeling, included in a valid lift ticket. Relax at 2,000 m with the experienced yoga trainer, Erica Zehentner. Participants enjoy the art of Indian yoga for 2 hours. This is included in the cable car ticket.

**Yoga dates:** July 19<sup>th</sup>, 22<sup>nd</sup>, 26<sup>th</sup>, 29<sup>th</sup> | Aug. 2<sup>nd</sup>, 5<sup>th</sup>, 19<sup>th</sup> | Sept. 6<sup>th</sup>

Meeting place: Schmittenhöhebahn valley station at 8.15 am.

**Jodeling dates:** every Thursday in July and August.

Meeting place: Schmittenhöhebahn valley station at 9.45 am.

Duration of jodeling course: approx. 1,5 hours.

Schmittenhöhebahnen AG

Info-Tel. +43 6542 789-211

infocenter@schmitten.at, www.schmitten.at





# HIGH ALTITUDE RESERVOIRS KAPRUN

## FASCINATING WORLD OF ICE AND WATER

**Verbund**

Special bus shuttles and the Lärchwand inclined elevator, the largest diagonal lift in Europa, will comfortably take you to the Mooserboden reservoir, situated at an altitude of 2,000 metres. In the middle of the Hohe Tauern mountains, you can enjoy the perfect blend of technology and nature. Numerous hiking trails invite you to explore, a guided dam wall tour provides insights behind the scenes of electricity, a via ferrata Arena beckons for sporting challenge and the Mooserboden invites with hidden corners to recharge energy and relax.

### HERBAL PATH:

Green fields, populated by goats, sheep and cows and in between the marmots and other mountain dwellers romp. An easy walk for families is the Kräuterlehrpfad from Mooserboden to Fürthermoaralm. The goal is one of the last farming pastures in Salzburg. Lace your walking shoes and go on an adventure. Alpine flowers and typical Austrian food - all just a short walk away (more information see page 21).

### WALKING AND LEARNING WITH CHILDREN:

Tour of the Mooserboden reservoir for children: Six adventure stations will allow young and old visitors to find out more about nature and technology in a playful manner. At the cash desk, children are handed a leaflet with a plan and directions on how to experience the kids trail. With the answer cards the children will receive a small surprise at the kiosk in the Power & Ice Adventure World.

### ENTER THE DEPTHS OF THE INTERIOR OF THE MOOSERSPERRE

How were the gigantic walls built in the middle of the Alps? How is electricity generated from water? What does a dam wall look like inside? These questions will be answered during a guided tour of the dam wall. Meeting point and registration at the Mooserboden Kiosk.

### DIVE INTO THE ADVENTURE POWER WORLD

Great and small can immerse themselves in the fascinating world of the eternal ice and gather a close-up experience of the interplay of glaciers, power plant construction and electricity generation.

Address Kassa:  
Kesselfallstrasse 98, 5710 Kaprun  
Free WiFi for visitors

Verbund Tourismus GmbH  
Info-Tel. +43 50313-23201  
tourismus@verbund.com,  
www.verbund.com/kaprun



## ALL HUTS IN KAPRUN



### FÜRTHERMOARALM MOOSERBODEN 1,803 m

The Alm lies idyllically situated between the Mooser- and Wasserfallboden reservoirs in the Kaprun valley. Easily reached by bus or on foot over a hiking

path. The path leads through lush meadows, shared with cows, sheep and goats. It is an high alpine world surrounded by many 3,000 m mountain peaks. Marmots whistle, drawing circling vultures from the neighbouring Hohe Tauern National Park. The Alm has many home-made culinary treats such as Kaspressknödel (cheese dumplings), Kaiserschmarrn (sweet omelettes), Alm salads and a delicious Alm snack. Cheese, butter, bacon, milk, buttermilk, schnaps and fresh juices are from their own farm. For those who wish to travel back in time, there is the Alm Museum (the Alm hut is from the 18<sup>th</sup> century). Here one sees how difficult work was in the mountains, and still is today. One is also very welcome to reflect in the Alm Chapel. A small petting zoo and a playground with go kart and inground trampoline make the Alm also perfect for families. **Opening times:** mid of June – end of Sept.

**FÜRTHERMOARALM** Family Aberger Dick • Mooserbodenstr. 10  
T. +43 6547 7158 23435 or mobile: +43 650 4246861  
office@fuerthermoar.at • www.fuerthermoar.at



### GLEIWITZER HÜTTE 2,176 m

The DAV Tittmonig mountain hut is in the heart of the alpine landscape and offers wonderful views of the Fuscher and Kaprun valley. Various hiking trails from both valleys lead up to the hut at

2,176 m. Home-made regional and alpine specialties await hikers up in the mountain hut, and can best be enjoyed on the sun terrace with its unique views of the Steinernes Meer and Dachstein. Anyone wanting to catch a glimpse of the wonderful views of Lake Zell can take the 1 ½ hour walk from the hut to the Imbachhorn. You can also stay overnight in the refurbished mountain hut. In the cosy rooms and camps, your time on the mountain becomes a special experience. Away from the stresses of daily life. Take a deep breath and enjoy the cosy alpine atmosphere. **Opening times:** beginning of June – beginning of October

**GLEIWITZER HÜTTE** Antje Böttcher & Wolfgang Kräh, Zeller Fusch 83,  
5672 Fusch a. d. Glocknerstrasse, T. +43 664 92 94 989  
gleiwitzerhuetten@gmx.de • www.gleiwitzerhuetten.at



### BERGRESTAURANT MOOSERBODEN 2,040 m

Enjoy the unique location, directly on the Mooserboden reservoir with tremendous views of the surrounding three thousand metre peaks. Our large sun terrace with panoramic views and the newly renovated inside area invite you to

come and linger for a while. We will spoil you with regional dishes and delicacies, such as “Kaiserschmarrn” (chopped pancakes with raisins), “Kaspressknödel” (cheese dumplings), hearty snacks and home-made pastries. We offer children’s meals for our younger guests and they can enjoy action, games, and fun on the children’s playground. At the neighbouring kiosk, with its own sun terrace and wind-protected area, you can get small snacks, cakes, drinks, and various souvenirs. Starting point for the herb educational trail and several hikes.

**Opening times:** end of May – mid of October, daily

**BERGRESTAURANT MOOSERBODEN** Family Kurt and Irene Schroll  
Mooserbodenstrasse 20, T. +43 6547 84580  
(during the opening times) or +43 664 232 13 95  
mooserboden@outlook.com • www.mooserboden.at



### SALZBURGER HÜTTE KITZSTEINHORN 1,860 m

Nice, easy trip to chamois, marmots and “Edelweiss”. Away from the busy valley you will find real Austrian hospitality. We do serve homemade “Pinzgauer” specialties surrounded by charming mountain scenery.

A very unique experience is a overnight stay on our mountain hut. For Bikers Directly at the bike track Kaprun-Maiskogel-Kitzsteinhorn – 1400 spectacular Vertical meters. For downhill you may use challenging single trails. New: Children area with fountain and water wheel.

**Opening times:** beginning of June – end of September

**SALZBURGER HÜTTE - KITZSTEINHORN**  
Family Klawunn • T. +43 6549 73 49 (all year)  
Tel. +43 664 373 45 87 (during the opening times)





### EDERALM 1,420 m

#### Opening times:

mid of June – beginning of September  
T. +43 664 39 18 577  
or +43 664 39 18 727



### BERGRESTAURANT GLETSCHERMÜHLE 2,452 m

#### Opening times:

daily 9.00am – 4.15pm  
T. +43 6547 8621



### ALPENGASTHOF GLOCKNERBLICK 1,670 m

**Opening times:** end of June – end of Sept., closed on Mon., June + Sept. days closed are flexible, T. +43 664 82 06 000



### JAUSENSTATION & PENSION GUGGENBICHL 865 m



**Opening times:** until end of May, beg. of July – end of Sept., Tue. – Sun. from 3 pm midday on request, T. +43 6547 8578



### HÄUSLALM 1,976 m

**Opening times:** beginning of July – mid of September, T. +43 6547 7024 with children playground and small petting zoo



### HEINRICH SCHWAIGER HAUS 2,802 m

#### Opening times:

mid of June – end of September  
T. +43 664 65 65 555



### KESSELFALL ALPENHAUS 1,068 m

#### Opening times:

beginning of June – Beginning of October, daily  
T. +43 664 92 52 828



### KITZSTEINHORN GIPFEL RESTAURANT 3,029 m

**Opening times:** opened all year round daily from 9.30am – 4.00pm  
T. +43 6547 8621



### KLAMMSEESTÜBERL 850 m

#### Opening times:

May 12<sup>th</sup> – September 24<sup>th</sup> 2017 daily  
T. +43 5 0313 23229



### KREFELDERHÜTTE 2,295 m

#### Opening times:

mid of July – end of August  
T. +43 6547 7780



### MAISKOGEL ALM RANCH 1,540 m

#### Opening times:

beginning of May – end of October and on request!, T. +43 676 52 75 740 with petting zoo



### ALMWIRTSCH. SCHNECKENREITH 920 m

#### Opening times:

end of May – end of September daily, T. +43 664 25 24 469 or +43 664 51 26 999



### JAUSENSTAT. STANGERBAUER 1,100 M

#### Opening times:

beginning of July – mid of Sept. otherwise on request!  
T. +43 6547 8804



### JAUSENSTAT. UNTERAIGEN CA. 860 M

#### Opening times:

daily until mid of September  
T. +43 6547 7277  
or +43 664 51 08 209



### UNTERBERGALM 1,570 m

#### Opening times:

June 4<sup>th</sup> – end of Sept., closed on Wed.  
T. +43 6549 7376  
or +43 664 44 27 666

## ALL HUTS IN ZELL AM SEE



### AREITALM 1.398 m

#### Opening times:

in Summer 2017 closed due to reconstruction



### BERGRESTAURANT JAGA-ALM 1,200 m

Enjoy our local specialties from our own farm and hunt, on our sunny terrace or in the restaurant. For kids we offer a petting zoo, outdoor children's playground and indoor children's playroom.

**Opening times:**  
27.05. – 15.10.2017  
daily  
8.00am – 12.00 midnight

**BERGHOTEL JAGA-ALM** Rooms and hotel appartements with all-inclusive board and Zell am See-Kaprun Summer Card. Family Pfeffer, 5700 Zell am See, Sonnalmweg 57  
T. +43 6542 72969, info@jaga-alm.at, www.jaga-alm.at



### SCHMIEDHOF ALM 1,720 m

Escape the hustle and bustle of the valley below whilst at 1720 m above sea level. Ride up to the Schmiedhof Alm with the Sonnalm lift, to find relaxing peace and sensational views. Pinzgau specialties are not simply cooked here – they

are celebrated. We are happy to cater for all types of festivities and have many games for your children. Follow the no. 64 hiking path and then nothing can go wrong.

**NEW:** overnight stays in a double room with half board & Zell am See-Kaprun summer card possible.

**Opening times:** June – Oct., depending on the weather  
9.00 am – 7.00 pm, longer if necessary, closed on Tuesdays,  
July + August open every day, T. +43 664 18 26 290

**SCHMIEDHOF ALM** Fam. Mayr  
5700 Zell am See, Schmitten 117  
servus@schmiedhofalm.at, www.schmiedhofalm.at



### SCHMITTEN CAFÉ 1,965 m

It's time to unwind and lean back a little. Relaxing on your lounge out on the Schmitten Terrace, it would be an understatement to say that panoramas punctuated by over thirty 3,000-metre peaks were unique. Highlights for fans of the finer things include cakes and coffee or regional dishes for a small appetite. The Schmitten Café also has practical matters well in hand as well, with sun creams, caps, ski glasses and original souvenirs.

**Opening times:** May 12<sup>th</sup> – October 15<sup>th</sup> 2017

### SCHMITTEN CAFÉ

T. +43 6542 789-221  
stefan.putz@schmitten.at, www.schmitten.at



### SONNKOGEL BERG- RESTAURANT 1,850 m

Enjoy the holidays to the max! The Sonnkogel restaurant will spoil you with dishes and delicacies from the local cuisine. The herbal creations flowing from the hands of the chef at the Sonnkogel Restaurant will always be evident on the daily menu and they guarantee true taste sensations - as well as all the concomitant health benefits - to visitors. Before they savor fresh herbs in their dishes and drinks they can

discover them along the herbal hiking trail next to the restaurant.

**Opening times:** May 25<sup>th</sup> – October 3<sup>rd</sup> 2017

### SONNKOGEL BERGRESTAURANT

T. +43 6542 789-223  
sonnkogel@schmitten.at, www.schmitten.at



**BERGHOTEL BLAICKNER'S SONNALM  
1,400 m**

**Opening times:** beg. of June – end of September, daily 9.00am – 5.00pm  
T. +43 6542 73262



**EBENBERGALM 996 m**

**Opening times:**  
end of April – beginning of November  
closed on Tue.  
T. +43 664 51 13 045



**GLOCKNERHAUS 1,583 m**

**Opening times:**  
mid of June – beginning of September  
days closed are flexible  
T. +43 664 23 49 743



**HOCHSONNBERGALM 1,841 m**

**Opening times:**  
beginning of June – end of September  
T. +43 664 54 55 568  
or +43 0664 281 90 53



**HOCHZELLER ALM 1,960 m**

**Opening times:** end of May – mid of October 9.00am – 5.00pm  
T. +43 664 28 10 874  
or +43 664 34 10 450



**GASTHOF MITTELSTATION 1,411 m**

**Opening times:**  
mid of June – mid of September  
T. +43 664 35 04 069



**PINZGAUER HÜTTE 1,704 m**

**Opening times:**  
beg. of June – mid of October  
T. +43 6549 7861



**JAUSENSTATION PFEFFERBAUER 900 m**

**Opening times:** May – June and Oct. – 26.10. only on weekends incl. holidays  
July – Sept. Tue., Wed., Thu from 5pm  
Fri., Sai., Sun. from 11am  
T. +43 664 51 26 990



**BERGHOTEL SCHMITTENHÖHE  
SCHNAPS HANS ALM 1,965 m**

**Opening times:** mid of June – mid of Sept., days closed are flexible – dependent on the weather, T. +43 6542 72489



**SCHOBER ALM 1,100 m**

**Opening times:**  
daily open from 10.00am  
T. +43 699 17 05 57 64

## ALL HUTS IN THUMERSBACH



**ENZIANHÜTTE 1,300 m**

**Opening times:**  
1. May (May feast) – 31. October  
daily  
T. +43 664 73 55 58 53



**BERGGASTHOF MITTERBERG 1,200 m**

**Opening times:**  
until mid of November,  
daily, closed on Mon.  
T. +43 6542 72493



**SCHÜTZINGALM 1,655 m**

**Opening times:**  
08./09.07. + 15.07. – 10.09.2017, closed on Tue. + Wed., end of Sept.: opened on weekends, T. +43 664 28 12 492



**STATZERHAUS 2,117 m**

**Opening times:**  
end of May – end of October  
T. +43 6542 74438  
or +43 664 14 45 952



**TÖDLINGALM 1,800 m**

**Opening times:** beginning of June – mid of September  
T. +43 664 52 85 354  
on-site cheese factory

# STAMPS FOR THE HIKING NEEDLE

You can get the hiking needle in the Zell am See or Kaprun Information!

			HUT OF YOUR CHOICE
ZELL AM SEE Ghf. Mittel- station	ZELL AM SEE Berghotel Bläckner's Sonnalm	ZELL AM SEE Bergrestaurant Sonnkogel	ZELL AM SEE Hochzeller- alm
KAPRUN Restaurant Gletscher- mühle	KAPRUN Klamm- seestüberl	KAPRUN Guggenbichl	KAPRUN Bergrestaurant Mooserboden
KAPRUN Almwirtschaft Schnecken- reith	KAPRUN Jausenstation Unteraigen	ZELL AM SEE Ebenberg- alm	ZELL AM SEE Bergrestaurant jaga-Alm
ZELL AM SEE Jausenstation Pfefferbauer	ZELL AM SEE Pinzgauer Hütte	ZELL AM SEE Schmied- hofalm	ZELL AM SEE THUMERSBACH Berggasthof Mitterberg
KAPRUN Fürther- moaralm	KAPRUN Gasthaus Glockner- blick	ZELL AM SEE Hochsonn- bergalm	KAPRUN Krefelder Hütte
KAPRUN Salzburger Hütte	ZELL AM SEE THUMERSBACH Statzerhaus		

**Key:** The level of difficulty of the trail determines the number of points:

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li><span style="color: blue;">●</span> blue stamp<br/>1 point</li> <li><span style="color: red;">●</span> red stamp<br/>3 points</li> <li><span style="color: black;">●</span> black stamp<br/>5 points</li> </ul> | <ul style="list-style-type: none"> <li><span style="color: gold;">●</span> Hiking needle gold<br/>40 points</li> <li><span style="color: silver;">●</span> Hiking needle silver<br/>30 points</li> <li><span style="color: brown;">●</span> Hiking needle bronze<br/>20 points</li> </ul> |
|--|---|

# HIKING MAP

## ZELL AM SEE-KAPRUN TOUREN APP

From hiking, running, mountain biking, road biking to cross-country skiing, skitouring and winter hikes. 120 Routes can be found in the regions official App including description, pictures and GPS data.

Furthermore you can save routes locally, to access them even when your phone is offline.



## SUMMITLYNX APP

### COLLECT HIKING PINS WITH YOUR SMARTPHONE

Did you know that you'll earn hiking pins if you hike a lot in our region? You'll get points for alpine huts and mountains like the Schmitten. With enough points you'll receive the golden, silver or bronze pin in the tourist information.

If you don't want to do it the old fashioned way with stamps and a booklet you can do it with your smartphone too. Just install the app „SummitLynx“ on your iPhone or Android device. If you're at a peak or hut you can check in at that location, even when there's no reception.

If you've checked in often and earned enough points you'll receive a digital pin on your phone. Of course you can share your achievement on facebook too. If you show your achievement on your smartphone in the tourist's information you'll get a real pin too!

Have fun collecting pins

More about the app at [summitlynx.com](http://summitlynx.com)



Download now or search for „summitlynx“ in your app store!

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Zell am See-Kaprun Tourismus, 5700 Zell am See, Austria, T. +43 6542-770  
[welcome@zellamsee-kaprun.com](mailto:welcome@zellamsee-kaprun.com), [www.zellamsee-kaprun.com](http://www.zellamsee-kaprun.com)



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Enjoy the nature - with all senses



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## EVERYTHING YOUR PASSIONATE HIKER HEART DESIRES

In our shops in the region of Zell am See-Kaprun at **INTERSPORT Bründl** in **Kaprun** and **INTERSPORT Schmittent** in **Zell am See** you will find top brands, best equipment, perfect-fit-guarantee on your shoes, professional advice from our inspiring employees and much more! We look forward to meeting **YOU!**

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**INTERSPORT Bründl Hauptgeschäft** / Nikolaus-Gassner-Straße 4 / 5710 Kaprun / AT /  
T +43.6547.8388 / F +43.6547.8388-31 / [office@bruendl.at](mailto:office@bruendl.at)